

American National Standard



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ANSI/AAMI/ ISO 11138-3: 2017

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Sterilization of health care
products—Biological
indicators—Part 3: Biological
indicators for moist heat
sterilization processes

Objectives and uses of AAMI standards and recommended practices

It is most important that the objectives and potential uses of an AAMI product standard or recommended practice are clearly understood. The objectives of AAMI's technical development program derive from AAMI's overall mission: the advancement of medical instrumentation. Essential to such advancement are (1) a continued increase in the safe and effective application of current technologies to patient care, and (2) the encouragement of new technologies. It is AAMI's view that standards and recommended practices can contribute significantly to the advancement of medical instrumentation, provided that they are drafted with attention to these objectives and provided that arbitrary and restrictive uses are avoided.

A voluntary *standard* for a *medical device* recommends to the manufacturer the information that should be provided with or on the product, basic safety and performance criteria that should be considered in qualifying the device for clinical use, and the measurement techniques that can be used to determine whether the device conforms with the safety and performance criteria and/or to compare the performance characteristics of different products. Some standards emphasize the information that should be provided with the device, including performance characteristics, instructions for use, warnings and precautions, and other data considered important in ensuring the safe and effective use of the device in the clinical environment. Recommending the disclosure of performance characteristics often necessitates the development of specialized test methods to facilitate uniformity in reporting; reaching consensus on these tests can represent a considerable part of committee work. When a drafting committee determines that clinical concerns warrant the establishment of *minimum* safety and performance criteria, referee tests must be provided and the reasons for establishing the criteria must be documented in the rationale.

A *recommended practice* provides guidelines for the use, care, and/or processing of a medical device or system. A recommended practice does not address device performance *per se*, but rather procedures and practices that will help ensure that a device is used safely and effectively and that its performance will be maintained.

Although a device standard is primarily directed to the manufacturer, it may also be of value to the potential purchaser or user of the device as a frame of reference for device evaluation. Similarly, even though a recommended practice is usually oriented towards healthcare professionals, it may be useful to the manufacturer in better understanding the environment in which a medical device will be used. Also, some recommended practices, while not addressing device performance criteria, provide guidelines to industrial personnel on such subjects as sterilization processing, methods of collecting data to establish safety and efficacy, human engineering, and other processing or evaluation techniques; such guidelines may be useful to health care professionals in understanding industrial practices.

In determining whether an AAMI standard or recommended practice is relevant to the specific needs of a potential user of the document, several important concepts must be recognized:

All AAMI standards and recommended practices are *voluntary* (unless, of course, they are adopted by government regulatory or procurement authorities). The application of a standard or recommended practice is solely within the discretion and professional judgment of the user of the document.

Each AAMI standard or recommended practice reflects the collective expertise of a committee of health care professionals and industrial representatives, whose work has been reviewed nationally (and sometimes internationally). As such, the consensus recommendations embodied in a standard or recommended practice are intended to respond to clinical needs and, ultimately, to help ensure patient safety. A standard or recommended practice is limited, however, in the sense that it responds generally to perceived risks and conditions that may not always be relevant to specific situations. A standard or recommended practice is an important *reference* in responsible decision-making, but it should never *replace* responsible decision-making.

Despite periodic review and revision (at least once every five years), a standard or recommended practice is necessarily a static document applied to a dynamic technology. Therefore, a standards user must carefully review the reasons why the document was initially developed and the specific rationale for each of its provisions. This review will reveal whether the document remains relevant to the specific needs of the user.

Particular care should be taken in applying a product standard to existing devices and equipment, and in applying a recommended practice to current procedures and practices. While observed or potential risks with existing equipment typically form the basis for the safety and performance criteria defined in a standard, professional judgment must be used in applying these criteria to existing equipment. No single source of information will serve to identify a particular product as "unsafe". A voluntary standard can be used as one resource, but the ultimate decision as to product safety and efficacy must take into account the specifics of its utilization and, of course, cost-benefit considerations. Similarly, a recommended practice should be analyzed in the context of the specific needs and resources of the individual institution or firm. Again, the rationale accompanying each AAMI standard and recommended practice is an excellent guide to the reasoning and data underlying its provision.

In summary, a standard or recommended practice is truly useful only when it is used in conjunction with other sources of information and policy guidance and in the context of professional experience and judgment.

INTERPRETATIONS OF AAMI STANDARDS AND RECOMMENDED PRACTICES

Requests for interpretations of AAMI standards and recommended practices must be made in writing, to the AAMI Vice President, Standards Policy and Programs. An official interpretation must be approved by letter ballot of the originating committee and subsequently reviewed and approved by the AAMI Standards Board. The interpretation will become official and representation of the Association only upon exhaustion of any appeals and upon publication of notice of interpretation in the "Standards Monitor" section of the *AAMI News*. The Association for the Advancement of Medical Instrumentation disclaims responsibility for any characterization or explanation of a standard or recommended practice which has not been developed and communicated in accordance with this procedure and which is not published, by appropriate notice, as an *official interpretation* in the *AAMI News*.

American National Standard

ANSI/AAMI/ISO 11138-3:2017
(Revision of ANSI/AAMI/ISO 11138-3:2006/(R)2015)



Sterilization of health care products—Biological indicators—Part 3: Biological indicators for moist heat sterilization processes

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Abstract: Specifies requirements for test organisms, suspensions, inoculated carriers, biological indicators and test methods intended for use in assessing the performance of sterilization processes employing moist heat as the sterilizing agent.

Keywords: carrier, organism, resistance, packaging, value

AAMI Standard

This Association for the Advancement of Medical Instrumentation (AAMI) standard implies a consensus of those substantially concerned with its scope and provisions. The existence of an AAMI standard does not in any respect preclude anyone, whether they have approved the standard or not, from manufacturing, marketing, purchasing, or using products, processes, or procedures not conforming to the standard. AAMI standards are subject to periodic review, and users are cautioned to obtain the latest editions.

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All AAMI standards, recommended practices, technical information reports, and other types of technical documents developed by AAMI are voluntary, and their application is solely within the discretion and professional judgment of the user of the document. Occasionally, voluntary technical documents are adopted by government regulatory agencies or procurement authorities, in which case the adopting agency is responsible for enforcement of its rules and regulations.



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4301 N. Fairfax Dr., Suite. 301 +1-977-249-8226 or visit www.aami.org.
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Glossary of equivalent standards

International Standards adopted in the United States may include normative references to other International Standards. AAMI maintains a current list of each International Standard that has been adopted by AAMI (and ANSI). Available on the AAMI website at the address below, this list gives the corresponding U.S. designation and level of equivalency to the International Standard.

www.aami.org/standards/glossary.pdf



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Committee representation

Association for the Advancement of Medical Instrumentation

Biological Indicators Working Group

The adoption of ISO 11138-3:2017 as an American National Standard was initiated by the AAMI Biological Indicators Working Group of the AAMI Sterilization Standards Committee. U.S. representatives from the AAMI Biological Indicators Working Group played an active part in developing the ISO standard.

At the time this document was published, the **AAMI Biological Indicators Working Group** had the following members:

Cochairs: Anthony Piotrkowski
Craig Wallace

Members: Anas Aljabo, CMC Sterilization Ltd
Jenny Berg, Sterilucent Inc
Trabue Bryans, BryKor LLC
Tim Carlson, BD Medical
Fiona Collins, American Dental Association
Dania Cortes, Nelson Laboratories LLC
Gary Cranston, Consulting & Technical Services/PCS
Greg Crego, IUVO BioScience
Kim Darnell, CR Bard
Douglas Davie, Sterilization Validation Services
Shawn Doyle, Cantel Inc.
Gordon Ely, MiMedx Group
Chris Fischbach, Boston Scientific
Dan Floyd, DuPont Protection Solutions
James Ford, St Jude Medical Inc
John Gillis, PhD, Bozeman, MO
Joel Gorski, PhD, NAMSA
Doug Harbrecht, Sterility Assurance LLC
Arthur Harris, Cook Inc
Deborah Havlik, Hospira, a Pfizer company
Nichole Jackson, Ecolab
Nupur Jain, Intuitive Surgical Inc
Amy Karren, WL Gore & Associates Inc
Michael Krauss, Alcon Research Ltd.
Garrett Krushefski, Mesa Laboratories
Viktoriya Lusignan, Getinge USA
Ted May, Andersen Products Inc
Patrick McCormick, PhD, Bausch & Lomb Inc
Daniel Miller, CRCST, Beaumont Hospital
Vanessa Molloy-Simard, TS03 Inc.
David Opie, PhD, Noxilizer Inc
Mike Padilla, SteriPro Labs
Cesar Perez, FDA/CDRH
Anthony Piotrkowski, Steris Corporation
Adrian Ponce, Verrix LLC
Keith Reiner, Terumo Americas Corporate
Matt Roybal, BS, ASP/Johnson & Johnson
Terri Rymer, Baxter Healthcare Corporation
Manny Saavedra, Halyard Health
Phil Schneider, LexaMed Ltd
Andrew Sharavara, PhD, Propper Manufacturing Co Inc
Arnie Shechtman, BS, Validation Challenges Consulting LLC

David Silor, Zimmer Inc
Kristen Singleton, Getinge USA
Gary Socola, HIGHPOWER Validation Testing & Lab
Sopheak Srun, MPH SM(NRCM), Quality Tech Services Inc
Fenil Sutaria, Medline Industries Inc
Leslie Tavares, WuXi AppTec Inc
Janina Torreblanca, CSPDM, University of Michigan Health System
Sharon Van Wicklin, MSN RD CNOR/CRNFA, AORN
Craig Wallace, 3M Healthcare
Scott Wasiluk, Medtronic Inc
Beverly Whitaker, Indigo Consulting Group LLC
Jon Wilder, PhD, Quality Processing Resource Group LLC
Roberto Zumbado, Philips

Alternates:

Rachel Brewer, IUVO BioScience
Ramona Conner, RN MSN CNOR, AORN
Tricia Cregger, PhD, Steris Corporation
Nicole Cufaude, Medtronic Inc Campus
Diane Faivre-Swiat, Cardinal Health
Marga Foster, Medline Industries Inc
Veronica Gileau, Alcon Laboratories Inc
Peter Kalkbrenner, Sterilucent Inc
Satu King, Spectranetics Corporation
Jean-Luc Lemyre, PhD, TS03 Inc.
David McGoldrick, BS, Abbott Laboratories
Jen Metch, Johnson & Johnson
Michael Nolan, Cantel Inc
Ramesh Panguluri, FDA/CDRH
Dave Parente, Ecolab
Kim Patton, Becton Dickinson & Company
Susan Pelton, Getinge USA
Robert Reich, BS MS, LexaMed Ltd
Beth Ridgeway, Mesa Laboratories
Tyrone Rouse, Halyard Health
Mike Schoene, Bausch & Lomb Inc
Mara Tafoya, WuXi AppTec Inc
Larry Talapa, 3M Corporation
Janelle Trojevich, Boston Scientific Corporation
Don Tumminelli, HIGHPOWER Validation Testing & Lab
Kristy Vogt, American Dental Association
Brian Wallace, Intuitive Surgical Inc
Bjoern Wiese, Zimmer Inc
Dennis Wildes, St Jude Medical Inc
William Young, Sterigenics International

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NOTE Participation by federal agency representatives in the development of this standard does not constitute endorsement by the federal government or any of its agencies.

Background of AAMI adoption of ISO 11138-3:2017

As indicated in the foreword to the main body of this document (page viii), the International Organization for Standardization (ISO) is a worldwide federation of national standards bodies. The United States is one of the ISO members that took an active role in the development of this standard.

ISO 11138-3:2017 was developed by ISO Technical Committee 198, *Sterilization of health care products*, to fill a need for an international standard specifying general production, labelling, test methods and performance requirements for the manufacture of biological indicators (including inoculated carriers and suspensions) intended for use in assessing the performance of sterilizers and sterilization processes employing moist heat as the sterilizing agent. Biological indicators are fundamental in the measurement of the sterilization process in that they are required for the demonstration of Sterility Assurance Levels as part of validation studies and also play a key role in the routine release of sterilization loads.

U.S. participation in ISO/TC 198 is organized through the U.S. Technical Advisory Group (TAG) for ISO/TC 198, administered by the Association for the Advancement of Medical Instrumentation (AAMI) on behalf of the American National Standards Institute (ANSI). The U.S. TAG for ISO/TC 198 made considerable contributions to this standard and supports the requirements for biological indicators specified in this document.

AAMI encourages its committees to harmonize their work with international standards as much as possible. Upon review of the final Draft International Standard (DIS) of ISO 11138-3:2017, the AAMI Biological Indicator Working Group decided to adopt this document verbatim as a revision of ANSI/AAMI 11138-3:2006/(R)2015, *Sterilization of health care products—Biological indicators—Part 3: Biological indicators for moist heat sterilization processes*.

NOTE Users of this standard are advised that this document is an AAMI identical adoption of an ISO document and that the following international conventions have been carried over to the AAMI publication:

- British English spelling (e.g. colour instead of color)
 - Use of SI units (e.g. metres instead of feet, Celsius instead of Fahrenheit, etc.)
 - Decimal comma instead of a decimal point (e.g. 1,000.15 instead of 1,000.15)
- of the document before making a purchasing decision.

The ISO 11138-3:2017 biological indicator standards series consists of the following parts. Contact AAMI at +1-977-249-8226 or visit www.aami.org.

ISO 11138-1, *Sterilization of health care products—Biological indicators—Part 1: General requirements*

ISO 11138-2, *Sterilization of health care products—Biological indicators—Part 2: Biological indicators for ethylene oxide sterilization processes*

ISO 11138-3, *Sterilization of health care products—Biological indicators—Part 3: Biological indicators for moist heat sterilization processes*

ISO 11138-4, *Sterilization of health care products—Biological indicators—Part 4: Biological indicators for dry heat sterilization processes*

ISO 11138-5, *Sterilization of health care products—Biological indicators—Part 5: Biological indicators for low-temperature steam and formaldehyde sterilization processes*

NOTE Beginning with the ISO foreword on page viii, this American National Standard is identical to ISO 11138-3:2017.

Foreword

ISO (the International Organization for Standardization) is a worldwide federation of national standards bodies (ISO member bodies). The work of preparing International Standards is normally carried out through ISO technical committees. Each member body interested in a subject for which a technical committee has been established has the right to be represented on that committee. International organizations, governmental and non-governmental, in liaison with ISO, also take part in the work. ISO collaborates closely with the International Electrotechnical Commission (IEC) on all matters of electrotechnical standardization.

The procedures used to develop this document and those intended for its further maintenance are described in the ISO/IEC Directives, Part 1. In particular the different approval criteria needed for the different types of ISO documents should be noted. This document was drafted in accordance with the editorial rules of the ISO/IEC Directives, Part 2 (see www.iso.org/directives).

Attention is drawn to the possibility that some of the elements of this document may be the subject of patent rights. ISO shall not be held responsible for identifying any or all such patent rights. Details of any patent rights identified during the development of the document will be in the Introduction and/or on the ISO list of patent declarations received (see www.iso.org/patents).

Any trade name used in this document is information given for the convenience of users and does not constitute an endorsement.

For an explanation on the voluntary nature of standards, the meaning of ISO specific terms and expressions related to conformity assessment, as well as information about ISO's adherence to the World Trade Organization (WTO) principles in the Technical Barriers to Trade (TBT) see the following URL: www.iso.org/iso/foreword.html.

This document was prepared by Technical Committee ISO/TC 198, *Sterilization of health care products*.

This third edition cancels and replaces the second edition (ISO 11138-3:2006), which has been technically revised.

A list of all parts of ISO 11138 can be found on the ISO website.

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Introduction

This document specifies production, labelling, test methods and performance requirements for the manufacture of biological indicators including inoculated carriers and suspensions intended for use in validation and monitoring of sterilization processes. This document gives specific requirements for those biological indicators intended for use in moist heat sterilization processes.

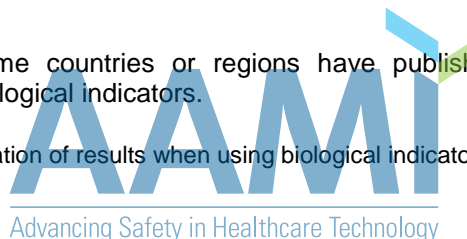
Moist heat as the sterilizing agent is defined in this document as dry saturated steam. While air-steam mixtures can be used in moist heat sterilization processes, the methods and performance requirements of this document might not be applicable for biological indicators used in such processes.

The ISO 11138 series represents the current “state-of-the-art” according to the experts representing manufacturers, users and regulatory authorities involved in developing the standard. The intent is not to promote the use of biological indicators where such use is not advised, but to provide common requirements for the production of those biological indicators known to be in use today.

Standards exist providing requirements for the validation and control of moist heat sterilization (see ISO 17665 series).

NOTE It is possible that some countries or regions have published other standards covering requirements for sterilization or biological indicators.

Advice on selection, use and interpretation of results when using biological indicators can be found in ISO 14161.



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Sterilization of health care products—Biological indicators—Part 3: Biological indicators for moist heat sterilization processes

1 Scope

This document specifies requirements for test organisms, suspensions, inoculated carriers, biological indicators and test methods intended for use in assessing the performance of sterilization processes employing moist heat as the sterilizing agent.

NOTE 1 Requirements for validation and control of moist heat sterilization processes are provided by the ISO 17665 series.

NOTE 2 National or regional regulations can provide requirements for work place safety.

2 Normative references



The following documents are referred to in the text in such a way that some or all of their content constitutes requirements of this document. For dated references, only the edition cited applies. For undated references, the latest edition of the referenced document (including any amendments) applies.

ISO 11138-1:2017, *Sterilization of health care products—Biological indicators—Part 1: General requirements*

ISO 18472, *Sterilization of health care products—Biological and chemical indicators—Test equipment*

3 Terms and definitions

For the purposes of this document, the terms and definitions given in ISO 11138-1 apply. ISO and IEC maintain terminological databases for use in standardization at the following addresses:

- IEC Electropedia: available at <http://www.electropedia.org/>
- ISO Online browsing platform: available at <http://www.iso.org/obp>

4 General requirements

The requirements of ISO 11138-1 apply.

5 Test organism

5.1 The test organisms shall be spores of *Geobacillus stearothermophilus* or other strains of microorganism of demonstrated equivalent performance as required by this document.

NOTE 1 *Bacillus stearothermophilus* has been reclassified as *Geobacillus stearothermophilus*.