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BS 45002-1:2018



BSI Standards Publication

Occupational health and safety management systems – General guidelines for the application of ISO 45001

Part 1: Guidance on managing occupational health

bsi.

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Foreword

Publishing information

This British Standard is published by BSI Standards Limited, under licence from The British Standards Institution, and came into effect on 31 July 2018. It was prepared by Technical Committee HS/1, *Occupational health and safety management*. A list of organizations represented on this committee can be obtained on request to its secretary.

Use of this document

As a guide, this British Standard takes the form of guidance and recommendations. It should not be quoted as if it were a specification or a code of practice and claims of compliance cannot be made to it.

Presentational conventions

The guidance in this standard is presented in roman (i.e. upright) type. Any recommendations are expressed in sentences in which the principal auxiliary verb is "should".

Commentary, explanation and general informative material is presented in smaller italic type, and does not constitute a normative element.

Contractual and legal considerations

This publication does not purport to include all the necessary provisions of a contract. Users are responsible for its correct application.

Compliance with a British Standard cannot confer immunity from legal obligations.

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0 Introduction

Occupational ill health from workplace exposure to health risks is the leading cause of work-related deaths and life-changing conditions. There is growing recognition that work relevant psychological and social (psychosocial) risks, including work-related stress, are a major factor in lost working days and low productivity. It is estimated that work-related ill health currently cost the UK economy billions annually.

The first priority of occupational health (OH) is to focus on the prevention of occupational ill health such that it enables an organization to meet legal requirements and other requirements. The standard can also provide a framework for health improvement more widely. This can include opportunities to assess the effects of the health of the worker on their work, and attention to wider well-being and health promotion issues.

OH is the prevention of work-related ill health and the promotion of good health by assessing the effects of work on the health of the worker and the health of the worker on their work.

OH management prevents work-related ill health, protects workers by controlling work-related risk and promotes good health.

A structured approach to managing OH as set out in this standard can benefit the organization by, for example:

- a) reducing the incidence of occupational ill health;
- b) reducing costs, e.g. due to absenteeism;
- c) reducing job turnover and improving worker retention;
- d) increasing productivity;
- e) greater health awareness and improved motivation; and
- f) improving company image.

1 Scope

This British Standard provides guidance to organizations on how to:

- a) reduce the risk of work-related physical and mental ill health;
- b) manage OH and improve OH performance; and
- c) promote a positive OH culture.

This British Standard provides guidance to organizations on meeting the relevant requirements of BS ISO 45001. It does not add to, subtract from, or in any way modify the requirements of BS ISO 45001, nor does it prescribe mandatory approaches to implementation.

The British Standard is suitable for use by any organization regardless of type, size or maturity.

NOTE An organization can choose to address well-being within its OH management system, however, BS ISO 45001 does not provide explicit requirements for well-being.

2 Normative references

There are no normative references within this British Standard.

NOTE Organizations can use this document without direct reference to BS ISO 45001, however, those that wish to claim conformity to BS ISO 45001 need to refer directly to BS ISO 45001 when using this document.