



ISO 10075-2

**Ergonomic principles related to
mental workload —**

Part 2:
Design principles

*Principes ergonomiques relatifs à la charge de travail mental —
Partie 2: Principes de conception*

**Second edition
2024-07**

This is a preview of ISO 10075-2:2024. [Click here to purchase the full version from the ANSI store.](#)



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This second edition cancels and replaces the first edition (ISO 10075-2:1996), which has been technically revised.

The main change is as follows:

- The structure is now based on working conditions and no longer on strain consequences. All design principles are formulated positively and are divided into three parts, namely justification, guidelines and examples.

A list of all parts in the ISO 10075 series can be found on the ISO website.

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This document represents an extension of ISO 6385, providing design principles for work systems with special reference to mental workload as defined in ISO 10075-1.

Mental workload is the effect of a complex interaction of individual, technical, organisational and social factors. Thus, personnel, technical, organisational and social factors and the effects of their interactions are relevant for the design of work systems.